

Ankle Stabilizer

NOTE: Instructions cover multiple product families, images may vary.



Figure 1



Figure 2



Figure 3

Patent No. D492,788S

Patent No. 6,306,112B2

**NOT MADE WITH
NATURAL RUBBER LATEX**

Please read the following instructions carefully and completely before use. Correct application is required to ensure proper function of the device.

Intended for single patient use.



WARNING: If your pain increases or persists or you experience any unusual reactions while using this product, consult your healthcare provider immediately.



WARNING: Consult your physician or therapist for proper therapy instructions prior to using the therapeutic ankle support system.

NOTE: The Ankle Stabilizer should be worn over a piece of stockinette or a thin cotton sock. Consult your physician for further instruction on application and treatment.

NOTE: If using for cold therapy, remove bladders and place in freezer. Always wear an absorbent sock before cold therapy is applied.

APPLICATION INSTRUCTIONS

1. Unfasten straps, separate plastic shells (Figure 1) and place foot in brace.
2. Position the heel on the center pad. Bring the sides up and center the shells along the ankle. (Figure 2)
3. Wrap the lower strap first, then wrap and fasten the top strap.
4. Adjust the heel pad to accommodate heel width and compression. Place hands on straps and pull upward for desired fit. (Figure 3)
5. Adjust straps and heel pad for comfort as needed.

NOTE: For stabilizer with air valve, insert tube into bladder valve, squeeze just below the tube and blow to inflate. Remove tube when complete. To deflate, squeeze bladder and valve at the same time until desired inflation is reached.

NOTE: Outer shell may be wiped with mild soap and water.

Please visit our website at www.birdcronin.com for additional product and warranty information or contact a customer care representative at **800-328-1095**.

NOTICE: This device is only one element in the overall treatment program administered by a medical professional. While every effort has been made to obtain the maximum compatibility of function, strength, durability and comfort, there is no guarantee that injury will be prevented through the use of this product.